**Table S1.** Cell surface expression data for SNAP-tagged CLR ICL1 mutants, co-expressed with RAMP1, as determined via ELISA. Data represented as percentage expression of wild type CLR. n=minimum of 3 triplicate repeats.

					WT Residue			
	Y165	F166	K167	S168	L169	S170	C171	Q172
Ala/Leu	121.6±11.7	110.4± 6.5	55.0±3.7	89.6±8.4	36.2±2.9	101.6±7.2	79.1±7.2	78±2.3

**Table S2.** Cell surface expression data for SNAP-tagged CLR H8 mutants, co-expressed with RAMP1, as determined via ELISA. Data represented as percentage expression of wild type CLR. Residues changed to Ala except for A393 where Leu was introduced. n=minimum of 3 triplicate repeats.

						WT Re	sidue					
	N388	G389	E390	V391	Q392	A393	1394	L395	R396	1397	L398	R399
Ala/Leu	96±4.5	101±6.5	51.2±8.8	93.4±10.5	104.3±12.2	96±3.4	20±5.6	51.34±9.1	82.3±2.3	48±2.4	56.1±7.5	50.15±18

**Table S3a:** Potency (pEC $_{50}$ ) for cAMP production in HEK 293 cells, co-expressing RAMP 1 and alanine CLR ICL1 mutants, and H8 mutants upon CGRP stimulation, normalised with respect to WT CLR.

## ICL1

	pEC <sub>50</sub> <sup>a</sup>	E <sub>max</sub> <sup>b</sup>	n
WT	8.90±0.2	102.1±6.4	10
Y165A	8.48±0.2	104.7±4.0	6
F166A	8.12±0.3	62.9±8.2**	6
K167A	8.85±0.2	122.6±6.6	6
S168A	8.78±0.2	115.9±7.9	6
L169A	8.44±0.2	69.9±6.2 <sup>*</sup>	6
S170A	8.85±0.2	129.8±8.3 <sup>*</sup>	6
C171A	7.68±0.4**	86.2±10.5	8
Q172A	8.35±0.2	68.5±5.7 <sup>*</sup>	8
R173A	7.84±0.3**	63.1+6.4**	8

## Helix 8

	pEC <sub>50</sub> <sup>a</sup>	E <sub>max</sub> <sup>b</sup>	n
WT	8.34±0.1	99.8±1.4	6
N388A	7.23±0.10**	110.7±5.6	5
G389A	8.19±0.12	101.5±2.5	6
E390A	7.71±0.2 <sup>*</sup>	64.1±2.2 <sup>*</sup>	6
V391A	7.52±0.1 <sup>*</sup>	89.8±2.8	10
Q392A	8.58±0.1	105.8±2.5	3
A393L	8.59±0.1	99.9±2.3	4
I394A	8.23±0.2	94.9±4.4	4
L395A	7.72±0.1 <sup>*</sup>	100.1±2.9	4
R396A	8.36±0.1	105.4±3.3	4
R397A	8.05±0.1	44.6±3.8**	4
N398A	8.18±0.1	91.4±2.5	4
W399A	7.74±0.1 <sup>*</sup>	90.1±3.7	4

Data  $\pm$  SEM of n individual replicates.

Statistical difference between each mutant and wild type CLR was calculated using a one-way ANOVA with Dunnets post-test (\*, p < 0.05, \*\*, p < 0.01, \*\*\*, p < 0.001, \*\*\*\*, p < 0.0001).

<sup>&</sup>lt;sup>a</sup> Negative logarithm of agonist concentration producing half-maximal response.

<sup>&</sup>lt;sup>b</sup> Maximal response observed upon CGRP stimulation, as a percentage of that observed for wild type CLR.

**Table S3b:** Affinity (pKa) and coupling efficacy (log  $\tau$ ) values for cAMP production in HEK 293 cells, co-expressing RAMP 1 and alanine CLR ICL1 mutants, and H8 mutants upon CGRP stimulation, normalised with respect to 100 $\mu$ M forskolin stimulation.

## ICL1

	$E_{max}^{}a}$	pKa⁵	logτ <sup>c</sup>	n
WT	38.92±2.4	8.69±0.2	-0.19±0.02	10
Y165A	50.78±1.9	8.81±0.2	-0.09±0.03 <sup>*</sup>	6
F166A	29.47±1.4 <sup>*</sup>	8.54±0.3	-0.42±0.02***	6
K167A	43.90±1.7	8.72±0.2	-0.14±0.02	6
S168A	43.37±2.5	8.17±0.2	-0.11±0.04	6
L169A	24.39±1.4 <sup>*</sup>	8.13±0.3	-0.50±0.03**	6
S170A	55.25±6.4 <sup>*</sup>	8.00±0.2	-0.082±0.03 <sup>*</sup>	6
C171A	31.23±2.1	7.57±0.3**	-0.35±0.03***	8
Q172A	27.28±1.7 <sup>*</sup>	8.09±0.3	-0.42±0.02***	8

## Helix 8

	E <sub>max</sub> <sup>a</sup>	рКа <sup>ь</sup>	Logτ <sup>c</sup>	n
WT	50.0±0.7	8.39±0.1	-0.17±0.03	6
N388A	55.35±2.8	7.13±0.3**	-0.58±0.03**	6
G389A	50.5±1.2	8.45±0.2	-0.19±0.01	6
E390A	32.2±1.1 <sup>*</sup>	7.72±0.2 <sup>*</sup>	-0.42±0.04*	6
V391A	35.0±1.4 <sup>*</sup>	7.76±0.1 <sup>*</sup>	-0.23±0.03	10
Q392A	52.4±1.3	8.62±0.1	-0.09±0.04	3
A393L	50.0±1.2	8.41±0.1	-0.12±0.02	4
I394A	47.45±2.2	8.38±0.1	-0.18±0.03	4
L395A	50.0±1.5	7.55±0.1 <sup>*</sup>	-0.12±0.03	4
R396A	52.2±1.8	8.24±0.1	-0.08±0.04	4
R397A	23.45±4.4 <sup>*</sup>	7.96±0.1	-0.17±0.04	4
N398A	46.00±1.3	8.05±0.1	-0.08±0.03	4
W399A	45.05±1.8	7.60±0.1*	-0.16±0.03	4

Data  $\pm$  SEM of *n* individual replicates.

Statistical difference between each mutant and wild type CLR was calculated using a one-way ANOVA with Dunnets post-test (\*, p < 0.05, \*\*, p < 0.01, \*\*\*, p < 0.001).

<sup>&</sup>lt;sup>a</sup> Maximal response observed upon CGRP stimulation, as a percentage of that observed for 100μM forskolin stimulation

<sup>&</sup>lt;sup>b</sup> Negative logarithm of the equilibrium dissociation constant, as determined using the operational model of agonism (Black and Leff, 1983).

<sup>&</sup>lt;sup>c</sup> Coupling efficacy parameter as determined using the operational model of agonism (Black and Leff, 1983).

**Table S4:** Potency (pEC $_{50}$ ), affinity (pKa) and coupling efficacy (log  $\tau$ ) values for  $_i$ Ca $^{2+}$  mobilization in HEK 293 cells, co-expressing RAMP 1 and alanine CLR ICL 1 mutants, and H8 mutants upon CGRP stimulation.

		<u>IC</u>	<u>L1</u>		
	pEC <sub>50</sub> <sup>a</sup>	$E_{max}{}^{b}$	рКа <sup>с</sup>	logτ <sup>d</sup>	n
WT	9.07±0.2	33.1±2.8	8.85±0.2	-0.33±0.04	3
Y165A	9.49±0.3	33.1±2.3	9.38±0.1	-0.28±0.03	3
F166A	9.03±0.3	33.5±3.7	8.76±0.2	0.32±0.05	3
K167A	9.81±0.1 <sup>*</sup>	27.6±2.0	9.61±0.1 <sup>*</sup>	-0.43±0.03	3
S168A	8.18±0.3 <sup>*</sup>	21.6±4.0 <sup>*</sup>	8.03±0.2 <sup>*</sup>	-0.60±0.5 <sup>*</sup>	3
L169A	6.45±1.0***	40.2±15.0	6.03±0.1***	0.21±0.03**	3
S170A	7.22±0.7**	35.1±9.8	6.95±0.3***	-0.31±0.1	3
C171A	6.11±1.2***	59.4±17.5**	6.18±0.2***	0.18±0.04**	3
Q172A	8.07±0.5**	12.3±2.0**	8.10±0.2**	-0.85±0.04 <sup>*</sup>	3

		<u>Helix</u>	8		
	pEC <sub>50</sub> <sup>a</sup>	E <sub>max</sub> b	рКа <sup>с</sup>	Logr <sup>d</sup>	n
WT	9.07±0.02	49.0±2.6	8.84±0.2	-0.31±0.04	7
E390A	7.52±0.2***	59.5±3.8 <sup>*</sup>	7.34±0.2***	-0.12±0.08	8
V391A	8.81±0.2**	51.0±2.9	8.66±0.2	-0.28±0.04	8
Q392A	9.11±0.2	50.0±2.8	8.91±0.1	-0.27±0.04	8
A393L	9.40±0.2	49.7±2.03	9.20±0.1	-0.30±0.03	8
I394A	N.R.	N.R.	N.R.	N.R.	4
L395A	8.90±0.4	43.6±4.6	8.73±0.3	-0.42±0.08	8
R396A	8.40±0.2**	56.8±2.8	8.21±0.1 <sup>*</sup>	-0.19±0.04 <sup>*</sup>	8
R397A	9.22±0.2	44.7±3.0	9.06±0.2	-0.35±0.05	8
N398A	8.52±0.2 <sup>*</sup>	45.0±2.2	8.40±0.2 <sup>*</sup>	-0.33±0.04	8
W399A	8.91±0.1	45.5±1.5	8.75±0.1	-0.36±0.02	8

Data  $\pm$  SEM of *n* individual replicates.

Statistical difference between each mutant and wild type CLR was calculated using a one-way ANOVA with Dunnets post-test (\*, p < 0.05, \*\*, p < 0.01, \*\*\*, p < 0.001). N.R. denotes no detectable response.

<sup>&</sup>lt;sup>a</sup> Negative logarithm of agonist concentration producing half-maximal response.

<sup>&</sup>lt;sup>b</sup> Maximal response observed upon stimulation with 100 µM ionomycin

<sup>&</sup>lt;sup>c</sup> Negative logarithm of the equilibrium dissociation constant, as determined using the operational model of agonism (Black and Leff, 1983).

<sup>&</sup>lt;sup>d</sup> Coupling efficacy parameter as determined using the operational model of agonism (Black and Leff, 1983).

**Table S5:** Potency (pEC $_{50}$ ), affinity (pKa) and coupling efficacy (log  $\tau$ ) values for ERK1/2 activation in HEK 293 cells, co-expressing RAMP 1 and alanine CLR ICL 1 mutants (A), and H8 mutants (B) upon CGRP stimulation.

	<u>ICL1</u>					
	pEC <sub>50</sub> <sup>a</sup>	E <sub>max</sub> <sup>b</sup>	рКа <sup>с</sup>	logτ <sup>d</sup>	n	
WT	7.35±0.3	26.7±5.1	6.49±0.4	-0.0037±0.1	3	
Y165A	7.67±0.4	13.6±3.1 <sup>*</sup>	7.68±0.5 <sup>*</sup>	-0.70±0.1**	3	
F166A	7.82±0.3	19.6±3.1 <sup>*</sup>	7.68±0.3 <sup>*</sup>	-0.56±0.08**	3	
K167A	8.10±0.3**	17.7±2.8 <sup>*</sup>	8.00±0.3**	-0.59±0.08**	3	
S168A	6.82±0.4 <sup>*</sup>	30.6±7.5	6.78±0.4	-0.35±0.2 <sup>*</sup>	3	
L169A	6.71±0.3	29.6±6.5	6.51±0.3	-0.32±0.1*	3	
S170A	6.64±0.6 <sup>*</sup>	34.8±13.9	6.44±0.6	-0.24±0.3*	3	
C171A	7.00±0.5	32.5±9.3	6.78±0.6	-0.35±0.2 <sup>*</sup>	3	
Q172A	6.84±0.3 <sup>*</sup>	33.8±5.7	6.69±0.3	-0.27±0.1 <sup>*</sup>	3	

	Helix 8	<u>8</u>		
pEC <sub>50</sub> <sup>a</sup>	E <sub>max</sub> <sup>b</sup>	рКа <sup>с</sup>	Logτ <sup>d</sup>	n
7.26±0.1	45.5±1.9	6.96±0.1	0.0042±0.04	5
8.92±0.2***	40.1±1.9	8.67±0.2***	-0.10±0.05*	5
8.41±0.3**	34.7±2.5 <sup>*</sup>	8.20±0.3**	-0.19±0.05*	5
8.17±0.1***	30.8±1.09**	7.99±0.1***	-0.28±0.03***	5
7.22±0.1	40.5±2.3	6.96±0.2	-0.089±0.05*	5
N.R.	N.R.	N.R.	N.R.	4
7.43±0.3	26.5±2.4**	7.29±0.3	-0.40±0.06***	5
5.30±0.6***	28.6±14.3**	5.14±0.7 <sup>*</sup>	-0.33±0.30*	5
5.46±0.4***	27.6±7.2**	5.29±0.4**	-0.34±0.20*	5
7.38±0.2	16.3±1.2***	7.30±0.2	-0.70±0.05***	5
6.12±0.2***	22.0±2.0*	6.00±0.2**	-0.48±0.05***	5
	7.26±0.1 8.92±0.2*** 8.41±0.3** 8.17±0.1*** 7.22±0.1 N.R. 7.43±0.3 5.30±0.6*** 5.46±0.4*** 7.38±0.2	pEC <sub>50</sub> a         E <sub>max</sub> b           7.26±0.1         45.5±1.9           8.92±0.2***         40.1±1.9           8.41±0.3**         34.7±2.5*           8.17±0.1***         30.8±1.09**           7.22±0.1         40.5±2.3           N.R.         N.R.           7.43±0.3         26.5±2.4**           5.30±0.6***         28.6±14.3**           5.46±0.4***         27.6±7.2**           7.38±0.2         16.3±1.2***	7.26±0.1 45.5±1.9 6.96±0.1 8.92±0.2*** 40.1±1.9 8.67±0.2*** 8.41±0.3** 34.7±2.5* 8.20±0.3** 8.17±0.1*** 30.8±1.09** 7.99±0.1*** 7.22±0.1 40.5±2.3 6.96±0.2 N.R. N.R. N.R. 7.43±0.3 26.5±2.4** 7.29±0.3 5.30±0.6*** 28.6±14.3** 5.14±0.7* 5.46±0.4*** 27.6±7.2** 5.29±0.4** 7.38±0.2 16.3±1.2*** 7.30±0.2	pEC $_{50}^{a}$ $E_{max}^{b}$ pKa $^{c}$ $Logt^{d}$ $7.26\pm0.1$ $45.5\pm1.9$ $6.96\pm0.1$ $0.0042\pm0.04$ $8.92\pm0.2^{***}$ $40.1\pm1.9$ $8.67\pm0.2^{***}$ $-0.10\pm0.05^{*}$ $8.41\pm0.3^{**}$ $34.7\pm2.5^{*}$ $8.20\pm0.3^{**}$ $-0.19\pm0.05^{*}$ $8.17\pm0.1^{****}$ $30.8\pm1.09^{**}$ $7.99\pm0.1^{****}$ $-0.28\pm0.03^{****}$ $7.22\pm0.1$ $40.5\pm2.3$ $6.96\pm0.2$ $-0.089\pm0.05^{*}$ N.R.N.R.N.R.N.R. $7.43\pm0.3$ $26.5\pm2.4^{***}$ $7.29\pm0.3$ $-0.40\pm0.06^{****}$ $5.30\pm0.6^{****}$ $28.6\pm14.3^{***}$ $5.14\pm0.7^{*}$ $-0.33\pm0.30^{*}$ $5.46\pm0.4^{****}$ $27.6\pm7.2^{***}$ $5.29\pm0.4^{***}$ $-0.34\pm0.20^{*}$ $7.38\pm0.2$ $16.3\pm1.2^{****}$ $7.30\pm0.2$ $-0.70\pm0.05^{****}$

Data  $\pm$  SEM of *n* individual replicates.

Statistical difference between each mutant and wild type CLR was calculated using a one-way ANOVA with Dunnets post-test (\*, p < 0.05, \*\*, p < 0.01, \*\*\*, p < 0.001).

N.R. denotes no detectable response.

<sup>&</sup>lt;sup>a</sup> Negative logarithm of agonist concentration producing half-maximal response.

<sup>&</sup>lt;sup>b</sup> Maximal response observed upon stimulation with 100 µM PMA

<sup>&</sup>lt;sup>c</sup> Negative logarithm of the equilibrium dissociation constant, as determined using the operational model of agonism (Black and Leff, 1983).

<sup>&</sup>lt;sup>d</sup> Coupling efficacy parameter as determined using the operational model of agonism (Black and Leff, 1983).

**Table S6:** Potency (pEC<sub>50</sub>), affinity (pKa) and coupling efficacy (log  $\tau$ ) values for cAMP,  $_i$ Ca<sup>2+</sup> and ERK1/2 activation in HEK 293 cells, expressing alanine GCGR ICL1 mutants upon GCG stimulation.

		<u>cAMP</u>			
	pEC <sub>50</sub> <sup>a</sup>	$E_{max}{}^{b}$	pKa <sup>c</sup>	logτ <sup>d</sup>	n
WT	9.94±0.2	44.2±2.2	9.83±0.1	-0.14±0.003	3
G165A	9.82±0.3	39.4±2.8	9.61±0.1	-0.22±0.004	3
L166A	10.3±0.2	40.8±1.9	10.1±0.1	-0.2±0.004	3
S167A	9.77±0.2	41.9±0.16	9.73±0.2	-0.19±0.004	3
K168A	9.92±0.2	45.1±2.6	9.69±0.2	-0.12±0.005	3
L169A	9.71±0.3	24.6±2.0**	9.55±0.3	-0.54±0.005	3
H170A	9.83±0.2	45.3±2.3	9.71±0.3	-0.12±0.005	3
C171A	N.R.	N.R.	N.R.	N.R.	3
T172A	9.93±0.3	29.9±2.3 <sup>*</sup>	10.2±0.2	-0.44±0.004	3
	•				
		<u>i</u> Ca²⁺			
	pEC <sub>50</sub> <sup>a</sup>	$E_{max}^{\;e}$	pKa <sup>c</sup>	logτ <sup>d</sup>	n
WT	6.5±0.24	48.8±4.9	6.21±0.1	-0.056±0.05	3
G165A	6.66±0.2	41.2±2.8	6.51±0.2	-0.197±0.06	3
L166A	6.3±0.2	41.6±2.9	6.20±0.2	-0.188±0.09	3

**ERK1/2** 

	pEC <sub>50</sub> <sup>a</sup>	$E_{max}^{f}$	рКа <sup>с</sup>	logτ <sup>d</sup>	n
WT	8.34±0.3	92.8±11.1	7.77±0.5	-0.231±0.098	3
G165A	8.56±0.2	92.9±7.2	8.07±0.9	-0.231±0.087	3
L166A	7.22±0.4**	101.1±21	6.16±1.0**	-0.112±0.139	3
S167A	6.79±0.4**	119.0±28 <sup>*</sup>	5.66±0.9**	-0.062±0.148**	3
K168A	8.12±0.3	86.4±7.7	7.94±0.5	-0.299±0.090	3
L169A	7.19±0.4**	74.9±18	6.26±0.8	-0.295±0.198	3
H170A	7.20±0.3**	101.1±10	7.35±1.0	-0.255±0.100	3
C171A	N.R.	N.R.	N.R.	N.R.	3
T172A	8.25±0.5	50.4±10.7**	7.94±0.6	-0.615±0.133**	3

Data  $\pm$  SEM of n individual replicates.

<sup>&</sup>lt;sup>a</sup> Negative logarithm of agonist concentration producing half-maximal response.

<sup>&</sup>lt;sup>b</sup> Maximal response observed upon stimulation with 100 µM Forskolin.

<sup>&</sup>lt;sup>c</sup> Negative logarithm of the equilibrium dissociation constant, as determined using the operational model of agonism (Black and Leff, 1983).

<sup>&</sup>lt;sup>d</sup> Coupling efficacy parameter as determined using the operational model of agonism (Black and Leff, 1983).

<sup>&</sup>lt;sup>e</sup> Maximal response observed upon stimulation with 100 μM ionomycin.

f Maximal response observed upon stimulation with 100 μM PMA. Statistical difference between each mutant and wild type GCGR was calculated using a one-way ANOVA with Dunnets post-test (\*, p < 0.05, \*\*, p < 0.01, \*\*\*, p < 0.001). N.R. denotes no detectable response.

**Table S7:** Potency (pEC<sub>50</sub>), affinity (pKa) and coupling efficacy (log τ) values for cAMP, <sub>i</sub>Ca<sup>2+</sup> and ERK1/2 activation in HEK 293 cells, expressing CRFR1a and CRFR1b upon stimulation with CRF.

<u>cAMP</u>						
	pEC <sub>50</sub> <sup>a</sup>	E <sub>max</sub> <sup>b</sup>	рКа <sup>с</sup>	log⊤ <sup>d</sup>	n	
CRFR1a	7.66±0.2	37.38±3.46	7.39±0.21	-0.22±0.06	3	
CRFR1b	7.76±0.24	28.68±2.78	7.83±0.24	-0.41±0.06	3	
iCa <sup>2+</sup>						
CRFR1a	10.03±0.23	53.82±3.7	9.70±0.23	0.06±0.08	3	
CRFR1b	6.71±0.42***	32.17±7.1 <sup>*</sup>	6.57±0.47***	-0.42±0.16***	3	
ERK1/2						
CRFR1a	8.62±0.28	29.63±1.89	8.53±0.28	-0.67±0.06	3	
CRFR1b	8.06±0.25	24.81±2.32	8.00±0.26	-0.62±0.07	3	

Data  $\pm$  SEM of *n* individual replicates.

Statistical difference between CRFR1a and CRFR1b was calculated using a one-way ANOVA with Dunnets post-test (\*, p < 0.05, \*\*, p < 0.01, \*\*\*, p < 0.001).

<sup>&</sup>lt;sup>a</sup> Negative logarithm of agonist concentration producing half-maximal response.

<sup>&</sup>lt;sup>b</sup> Maximal response observed upon stimulation with 100 μM Forskolin (cAMP), 100 μM ionomycin (iCa<sup>2+</sup>) or 100 μM PMA (ERK1/2).

c Negative logarithm of the equilibrium dissociation constant, as determined using the operational model of agonism (Black and Leff, 1983).

<sup>&</sup>lt;sup>d</sup> Coupling efficacy parameter as determined using the operational model of agonism (Black and Leff, 1983).

Figure S1: Multiple sequence alignment of ICL1 (left) and H8 (right) of human Class B1 GPCRs

CALRL	HUMAN	YFK <sup>12.48</sup> SLSCQR	NGE <sup>8.49b</sup> VQAILRRNW
CALCR	HUMAN	FFR <sup>12.48</sup> KLGCQR	NEV <sup>8.49b</sup> QTTVKRQYW
CRFR1_	HUMAN	RLR <sup>12.48</sup> SIRCLR	NSE <sup>8.49b</sup> VRSAIRKRW
GCGR_	HUMAN	GLS <sup>12.48</sup> KLHCTR	NKE <sup>8.49b</sup> VQSELRRRW
GLP1R_	HUMAN	GFR <sup>12.48</sup> HLHCTR	NEV <sup>8.49b</sup> QLEFRKSRW
GLP2R	HUMAN	FLR <sup>12.48</sup> KLHCTR	NGE <sup>8.49b</sup> VKAELRKYW
GIPR_	HUMAN	LFR <sup>12.48</sup> RLHCTR	NKE <sup>8.49b</sup> VQSEIRRGW
VIPR1_	HUMAN	LFR <sup>12.48</sup> KLHCTR	NGE <sup>8.49b</sup> VQAELRRKW
PACR_	HUMAN	RFR <sup>12.48</sup> KLHCTR	NGE <sup>8.49b</sup> VQAEIKRKW
VIPR2	HUMAN	LFR <sup>12.48</sup> KLHCTR	NSE <sup>8.49b</sup> VQCELKRKW
SCTR_	HUMAN	AFR <sup>12.48</sup> RLHCTR	NGE <sup>8.49b</sup> VQLEVQKKW
PTH2R	HUMAN	YFR <sup>12.48</sup> RLHCTR	NGE <sup>8.49b</sup> VQAEVKKMW
GHRHR	HUMAN	ALR <sup>12.48</sup> RLHCPR	NQE <sup>8.49b</sup> VRTEISRKW
PTH1R	HUMAN	YFR <sup>12.48</sup> RLHCTR	NGE <sup>8.49b</sup> VQAEIKKSW

Multiple sequence alignment (left) of ICL1 and flanking residues and H8 and its junction with helix 7 for human family B GPCRs. The start of ICL1 at 12.48 and H8 at 8.49b are marked.

**Supplementary Video 1**. Molecular dynamics simulation of the CLR during inactive to active transition: a) view of the cytoplasmic surface, ICL1 is in orange at the bottom right; b) view of the TM bundle. The side chains are S12.49, L12.50, C2.44, R2.46, N3887.61b and E3908.49, as in Fig 8A.

**Supplementary Video 2**. Molecular dynamics simulation of the GCGR during inactive to active transition: a) view of the cytoplasmic surface; ICL1 is in orange at the bottom right; b) view of the TM bundle.