**Supplementary Table 2**

*Risk and protective factors associated with self-care and usual activity in parents with mental illness*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | Self-Care |  | Usual Activity |
| Model |  | 1 |  | 2 |  | 1 |  | 2 |
| Fixed Effects |  | *B* | Exp(B) |  | *B* | Exp(B) |  | *B* | Exp(B) |  | *B* | Exp(B) |
| Intercept |  | -0.18 | 0.84 |  | -0.83\*\*\* | 0.46 |  | 1.51\*\* | 4.51 |  | 1.14\*\*\* | 3.11 |
| Physical health1 |  | -0.77\* | 0.46 |  | -0.57 | 0.50 |  | -0.75\* | 0.47 |  | -0.67\* | 0.51 |
| Psychopahtology2  |  | 0.86\*\* | 2.37 |  | 0.91\*\* | 2.42 |  | 1.18\*\* | 3.24 |  | 1.12\*\*\* | 3.07 |
| Parental Coping3 |  |  |  |  |  |  |  |  |  |  |  |  |
| Adaptive  |  | -0.06 | 0.95 |  |  |  |  | -0.38 | 0.68 |  |  |  |
| Maladaptive  |  | -0.23 | 0.80 |  |  |  |  | -0.29 | 0.75 |  |  |  |
| Family functioning4 |  | 0.02 | 1.02 |  | 0.02 | 1.02 |  | -0.03 | 1.01 |  |  |  |
| Social support5 |  | -0.14 | 0.87 |  |  |  |  | 0.00 | 1.00 |  |  |  |
| Child mental illness6 |  | 0.01 | 1.01 |  |  |  |  | 0.00 | 1.00 |  |  |  |
| Age 1 |  | 0.10 | 1.01 |  |  |  |  | 0.06 | 1.06 |  |  |  |
| Female1 |  | -0.75 | 0.47 |  |  |  |  | -0.32 | 0.73 |  |  |  |
| Age by gender1 |  | -0.06 | 0.95 |  |  |  |  | -0.05 | 0.95 |  |  |  |
| Model Fit |  |  |  |  |  |  |  |  |  |  |  |  |
| R2 (Cox&Snell)  |  | .16 |  | .14 |  | .16 |  | .14 |

*Note*. *n* = 200. *B* = unstandardized coefficients Measures: 1 ad-hoc items, 2 BSI GSI 3 FKV-LIS total score, 4 FB-A total score, 5 OSSS-3 total score, 6 CBCL 4-18 total score; all continues factors were mean-centered; analyses were conducted with binary logistic regression analyses and were based on raw data; for details, see text (Methods). \**p* < .05; \*\**p* < .01; \*\*\**p* < .001