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| **Table S1.** Study's population. |   |
| **Demographic data** |  |
| Age at enrollment, years (SD) | 33.2 (12.17) |
| Women, n (%) | 57 (53.28) |
| Living alone, n (%) | 25 (23.36) |
| Married people, n (%) | 50 (46.72) |
| Duration of study since first year of primary school, years (SD) | 12.49 (2.61) |
| Highest diploma validated |   |
|  None, n (%) | 11 (10.28) |
|  9th grade, n (%) | 31 (28.97) |
|  Vocational certificate obtained 2 years after the 8th/9th grade, n (%) | 11 (10.28) |
|  High-school Degree, n (%) | 27 (25.23) |
|  University degree, n (%) | 27 (25.23) |
| Learning disabilities, n (%) | 31 (28.97) |
| Student/professional activity, n (%) | 46 (43) |
| Driving, n (%) | 32 (29.9) |
| Patient who did not complete at least one questionnaire, n (%) | 24 (22.42) |
| **Characteristics of epilepsy** |   |
| Age at the onset of epilepsy, years (SD) | 17.55 (11.86) |
| Duration of epilepsy, years (SD) | 15.6 (11.3) |
| MRI lesions, n (%) | 59 (55.66) |
| **Lateralization** |  |
|  Left-sided epilepsy, n (%) | 53 (54.63) |
|  Right-sided epilepsy, n (%) | 37 (38.14) |
|  Bilateral, n (%) | 7 (7.21) |
| **Localization** |  |
|  Temporal lobe, n (%) | 72 (73.46) |
|  Frontal lobe, n (%) | 18 (18.36) |
|  Insular cortex, n (%) | 11 (11,22) |
|  Posterior lobe, n (%) | 14 (14.28) |
| **Type of epilepsy** |  |
|  Focal epilepsy, n (%) | 95 (88.78) |
|  With Focal to bilateral tonic-clonic seizures, n (%) | 52 (48,59) |
| **Frequencies of seizures** |  |
|  Focal seizures, n per month (SD) | 27.54 (96.77) |
|  Focal to bilateral tonic-clonic seizures, n per month (SD) | 7.29 (20.6) |
| **Complications during a seizure** |  |
|  Loss of consciousness, n (%) | 60 (56.60) |
|  Urine or feces loss, n (%) | 21 (19.81) |
|  Fall, n (%) | 43 (40.56) |
|  Injuries, n (%) | 41 (38.67) |
| **Impact of epilepsy on daily life**  |  |
|  None, n (%) | 7 (9.45) |
|  Slight, n (%) | 14 (18.9) |
|  Moderate, n (%) | 29 (39.18) |
|  Severe, n (%) | 14 (18.9) |
|  Full, n (%) | 10 (13.51) |
| **Domains most impacted by epilepsy** |  |
|  None, n (%) | 6 (8.1) |
|  Working life, n (%) | 54 (72.97) |
|  Leisure, n (%) | 39 (52.7) |
|  Sentimental life, n (%) | 13 (17.56) |
|  Family life, n (%) | 11 (14.86) |
| **Quality of life, QOLIE 31** |  |
|  Overall quality of life, score (SD) | 63.92 (20.08) |
|  Seizure Worry, score (SD) | 55.23 (27.29) |
|  Emotional Well-Being, score (SD) | 62.94 (22.22) |
|  Energy/Fatigue, score (SD) | 47.41 (18.29) |
|  Cognitive, score (SD) | 57.46 (23.17) |
|  Medication Effects, score (SD) | 61.68 (26.38) |
|  Social Function, score (SD) | 57.46 (25.23) |
| Antiepileptic drugs, n (%) | 106 (99.06) |
| Average number of AED, n (SD) | 2.13 (0.84) |
| **Psychiatric assessment, MINI** |  |
|  Number History of psychiatric morbidities, n (SD) | 1.19 (1.14) |
|  Number Current psychiatric comorbidities, mean (SD) | 0.85 (0.88) |
|  At least one psychiatric history, n (%) | 72 (67.28) |
|  At least one current pathology, n (%) | 64 (59.81) |
| **Current psychotropic treatment** |  |
|  Anti-depressant, n (%) | 11 (10.28) |
|  Neuroleptic, n (%) | 7 (6.54) |
|  Anxiolytic, n (%) | 8 (7.47) |
|  Number of psychotropic drugs, n (SD) | 0.24 (0.63) |
| **Personal psychiatric history** |  |
|  Psychiatric follow-up, n (%) | 48 (44.85) |
|  Hospitalization for psychiatric reason, n (%) | 13 (12.14) |
|  Personal history of suicide attempt, n (%) | 12 (11.21) |
| Family psychiatric history, n (%) | 28 (26.16) |
| **Mood disorders** | **18 (16.82)** |
|  Positive NDDIE (score ⩾ 16), n (%) | 18 (18.55) |
|  Depressive disorder (current), n (%) | 12 (11.21) |
|  Hypomania/Mania (current), n (%) | 0 (0) |
|  Dysthymia (current), n (%) | 10 (9.34) |
|  Bipolar disorder (current), n (%) | 0 (0) |
|  Interictal dysphoric disorder, n (%) | 25 (23.36) |
|  Pre-ictal mood disorder, n (%) | 8 (7.47) |
|  Ictal mood disorder, n (%) | 3 (2.8) |
|  Post-ictal mood disorder, n (%) | 16 (14.95) |
|  Mood disorder induced by an anti-epileptic treatment, n (%) | 27 (25.23) |
| **Anxious disorders** | **34 (31.77)** |
|  Positive GAD 7 (score ⩾ 8), n (%) | 26 (26.8) |
|  Panic disorder (current), n (%) | 8 (7.47) |
|  Agoraphobia (current), n (%) | 9 (8.41) |
|  Generalized anxiety disorder (current), n (%) | 13 (12.14) |
|  Social phobia (current), n (%) | 8 (7.47) |
|  Obsessive-compulsive disorder (current), n (%) | 4 (3.73) |
|  PTSD (current; not related to epilepsy), n (%) | 5 (4.67) |
|  PTSD (past ; not related to epilepsy), n (%) | 14 (13.08) |
|  Pre-ictal anxiety, n (%) | 35 (32.71) |
|  Interictal anxiety  |   |
|  Anticipatory anxiety of a seizure, n (%) | 38 (52.05) |
|  Ictal anxiety, n (%) | 35 (32.71) |
|  Post-ictal anxiety, n (%) | 15 (14.01) |
|  Behaviors of limitation or avoidance, n (%) | 44 (41.12) |
|  Anxious disorder induced by an anti-epileptic treatment, n (%) | 7 (6.54) |
| Eating disorders, n (%) | 7 (6.54) |
| Eating disorder induced by an anti-epileptic treatment, n (%) | 29 (27.1) |
| **Addictive disorders** | **28 (26.16)** |
|  Tobacco addiction (current), n (%) | 26 (24.29) |
|  Alcohol addiction (current), n (%) | 3 (2.8) |
|  Cannabis addiction (current), n (%) | 5 (4.67) |
|  Other drug addiction (current), n (%) | 1 (0.93) |
|  Gambling addiction (current), n (%) | 1 (0.93) |
|  Benzodiazepine addiction (current), n (%) | 0 (0) |
| **Psychotic disorders** | **10 (9.34)** |
|  Psychotic disorder (current), n (%) | 1 (0.93) |
|  Post-ictal psychosis, n (%) | 1 (0.93) |
|  Psychotic symptomatology induced by an anti-epileptic treatment, n (%) | 7 (6.54) |
| **Alexithymia, TAS** |  |
|  Alexithymia (score > 61), n (%) | 18 (20.45) |
|  Feelings' description difficulties, score (SD) | 13.14 (3.97) |
|  Feelings' identification difficulties, score (SD) | 17.64 (6.27) |
|  Thoughts turned to the outside, score (SD) | 20.59 (4.07) |
| **Dissociation severity, DES** |  |
|  Total score, (SD) | 9.88 (8.43) |
|  Depersonalization, score (SD) | 10.04 (8.99) |
|  Amnesia, score (SD) | 6.83 (7.19) |
|  Absorption, score (SD) | 14.81 (13.56) |

*SD: Standard Deviation;* *QOLIE: Quality Of Life in Epilepsy Inventory, MINI: Mini International Neuropsychiatric Interview; NDDI-E: Neurological Disorders Depression Inventory for Epilepsy; GAD: Generalized Anxiety Disorder; PS-PTSD: Post Seizure Post Traumatic Stress Disorder; TAS: Toronto Alexithymia Scale; CTQ: Childhood Trauma Questionnaire; PCL-5: Post-Traumatic Stress Disorder Checklist for DSM-5; DES: Dissociative Experiences Scale*