Supplementary Material

# Supplementary Tables

## Appendix 1 — Description of measures (Appendix Table A1).

**Table A1.** Detailed description of the surveyed measures.

|  |  |
| --- | --- |
| Socio-demographic data | Age |
| Sex |
| Gender |
| Ethnicity |
| Marital status |
| Parental status |
| Medical data | Actual COVID status (+/-/recovered/never investigated) |
| Occupational data | Health care work type |
| Work environment |
| Actual work status |
| Direct COVID Patient Care |
| Workload |
| Number of hours worked per week in the last month |
| Night shift just before answer questionnaires |
| Night shift in the last month |
| Organizational data | Access to adequate personal protection equipment since beginning of COVID pandemic |
| Perception of security using personal protection equipment |
| Access to simulation techniques since beginning of COVID pandemic |
| Last simulation round |
| Type of simulation |
| Reassignment |
| Access to mental health help if needed since beginning of COVID pandemic |
| Type of professional and or therapy use if needed |
| Psychological questionnaires [self-report questionnaires] | Burnout | Maslach Burnout Inventory [MBI 2; item 8 and 10 of MBI-22: α = 0.80, EE subscale: α = 0.90, DP subscale: α = 0.76, PA subscale: α = 0.82 (Loera, Converso & Viotti, 2014)]Burnout (yes/no): If the answer to question 8 and/or question 10 is one of the following:• Once a week• A few times a week• Every dayMissing value will be generated in the following situations:1. If answers to both questions are missing2. If the answer to one question is missing and to the other question, the answer is less than once per week. |
| Resilience | Connor-Davidson Resilience Scale 10-items [CD-RISC-10; α = 0.85 (Campbell‐Sills & Stein, 2007)]Gross total of all 10 items.For the score calculation:Maximum of 3 missing values is accepted.Missing values will be imputed with the average of the remaining non missing values. |
| Anxiety/Depression | Hospital Anxiety and Depression Scale [HADS α = 0.89; HADS-A subscale α = 0.83, HADS-D subscale α = 0.82 (Roberge, Doré, Menear, Chartrand, Ciampi, Duhoux & Fournier, 2013)]HADS-A: Gross total as defined in the HADS reference document.For the score calculation, no missing value accepted to the questions related to HADS-A.Anxiety score will also be categorized as < 11 vs ≥ 11.HADS-D: Gross total as defined in the HADS reference document.For the score calculation, no missing value accepted to the questions related to HADS-D.Depressive symptom score will also be categorized as < 11 vs ≥ 11. |
| PTSD | PTSD Checklist for DSM-5 [PCL-5; α = 0.94 (Ashbaugh, Houle-Johnson, Herbert, El-Hage, & Brunet, 2016)]Adjusted PTSD score = Gross total score x 20 / (total number of items answered [≥ 18]).Maximum of 2 missing values is accepted for the calculation of PTSD score.Adjusted PTSD score will also be categorized as < 31 vs ≥ 31. |
| Self-compassion | Self-compassion Scale [Neff; α = .91 (Leary, Tate, Adams, Batts Allen, & Hancock, 2007)]Gross total of 3 items (*I try to be understanding and patient towards those aspects of my personality I don’t like; When I feel inadequate in some way, I try to remind myself that feelings of inadequacy are shared by most people; When something painful happens I try to take a balanced view of the situation*).No missing value accepted. |
| Social support | Social Support Questionnaire - Satisfaction [SSQ; α = 0.79 (Sarason, Sarason, Shearin, & Pierce, 1987)]SSQ-Satisfaction: Gross total of questions 1b, 2b, 3b, 4b, 5b, 6b.For the score calculation:Only 1 missing value is accepted.Missing value will be imputed with the average of the remaining non missing values. |
| Perceived Organizational Support | Perceived Organizational Support Scale [POS; α = 0.93 (Worley, 2006)]Gross total of all 8 items.For the score calculation:Maximum of 2 missing values is accepted.Missing values will be imputed with the average of the remaining non missing values. |