**Supplementary Table 1:** Composition of TCM decoction for included studies.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Study** | **Formulation** | **Source** | **Species, concentration** | **Quality control****reported?****(Y/N)** | **Chemical analysis****reported?****(Y/N)** |
| Zeng.et al.(2007) | Jieyu AnshenDecoction | The Second Hospital Affiliated to Xianning College | Root of *Bupleurum chinense DC.*, 10gRoot of *Curcuma aromatica Salisb.*, 10gRoot of *Conioselinum anthriscoides ‘Chuanxiong’* , 10gBark of *Paeonia × suffruticosa Andrews*, 10gRoot of *Pinellia ternata (Thunb.) Makino*, 10gRoot of *Arisaema heterophyllum Blume*, 10gRoot of *Smilax glabra Roxb.*, 15gPeel of *Citrus × aurantium L.*, 10gRoot of *Paeonia lactiflora Pall.*, 10gRoot of *Rehmannia glutinosa (Gaertn.) DC.*, 10gSeed of *Ziziphus jujuba Mill.*, 10gSeed of *Platycladus orientalis (L.) Franco*, 12gRoot of *Polygala tenuifolia Willd.*, 10gRoot of *Aconitum kusnezoffii Rchb.*, 3gRoot of *Glycyrrhiza uralensis Fisch. ex DC.*, 10gStems of *Uncaria rhynchophylla (Miq.) Miq.*, 10g | Y- Preparedaccording to Pharmacopoeia of the People's Republic of China | N |
| Liu.et al.(2007) | Modified Daotan Decoction | Kangning Hospital of Anshan City | Root of *Pinellia ternata (Thunb.) Makino*, 15gRoot of *Glycyrrhiza uralensis Fisch. ex DC.*, 10gPeel of *Citrus × aurantium L.*, 15gRoot of *Bupleurum chinense DC.*, 15gRoot of *Curcuma aromatica Salisb.*, 15gRoot of *Arisaema heterophyllum Blume* with bile, 10gFructus of *Citrus × aurantium L.*, 15gRoot of *Smilax glabra Roxb.*, 15gRoot of *Codonopsis pilosula (Franch.) Nannf.*, 20gRoot of *Acorus calamus var. angustatus Besser*, 10gRoot of *Atractylodes macrocephala Koidz.*, 15g | Y- Preparedaccording to Pharmacopoeia of the People's Republic of China | N |
| Zhang.et al.(2017) | Herbal Decoction | Chenggu County Hospital of Traditional Chinese Medicine | Root of *Bupleurum chinense DC.*, 10gRoot of *Conioselinum anthriscoides ‘Chuanxiong’* , 10gSeed of *Platycladus orientalis (L.) Franco*, 12gRoot of *Pinellia ternata (Thunb.) Makino*, 10gRoot of *Paeonia lactiflora Pall.*, 10gRoot of *Arisaema heterophyllum Blume* with bile, 10gSeed of *Cyperus rotundus L.*, 10gRoot of *Smilax glabra Roxb.*, 15gRoot of *Glycyrrhiza uralensis Fisch. ex DC.*, 10gPeel of *Citrus × aurantium L.*, 10gRoot of *Rehmannia glutinosa (Gaertn.) DC.*, 10gSeed of *Ziziphus jujuba Mill.*, 10gRoot of *Polygala tenuifolia* *Willd*., 10gKernel of *Prunus persica (L.) Batsch*, 10g | Y- Preparedaccording to Pharmacopoeia of the People's Republic of China | N |
| Liu.et al.(2019) | Chinese medicine Decoction | Department of Traditional Chinese Medicine Pharmacy, Yulin Mental Health Center | Root of *Conioselinum anthriscoides ‘Chuanxiong’ .*, 10gRoot of *Rehmannia glutinosa (Gaertn.) DC.*, 10gSeed of *Ziziphus jujuba Mill.*, 10gSeed of *Platycladus orientalis (L.) Franco*, 12gRoot of *Pinellia ternata (Thunb.) Makino*, 10gRoot of *Paeonia lactiflora Pall.*, 10gKernel of *Prunus persica (L.) Batsch*, 10gRoot of *Arisaema heterophyllum Blume* with bile., 10gSeed of *Cyperus rotundus L.*, 10gRoot of *Glycyrrhiza uralensis Fisch. ex DC.*, 10gSeed of *Citrus × aurantium L.*, 10gRoot of *Smilax glabra Roxb.*, 15gRoot of *Polygala tenuifolia Willd.*, 10g | Y- Preparedaccording to Pharmacopoeia of the People's Republic of China | N |
| Wang.(2008) | Chinese medicine Decoction(Shunqi Daotan Decoction, Yangxin decoction, Xuefu Zhuyu Decoction) | The Sichuan Dazhou Kangfu Hospital | Not listed | Y- Preparedaccording to Pharmacopoeia of the People's Republic of China | N |
| Zhang.(2012) | Modified Daotan Decoction | Shangqiu Second People' s Hospital | Root of *Pinellia ternata (Thunb.) Makino*, 15gRoot of *Arisaema heterophyllum Blume* with bile., 10gSeed of *Citrus × aurantium L.*, 15gRoot of *Smilax glabra Roxb.*, 15gRoot of *Glycyrrhiza uralensis Fisch. ex DC.*, 10gFructus of *Citrus × aurantium L.*, 10gRoot of *Codonopsis pilosula (Franch.) Nannf.*, 20gRoot of *Atractylodes macrocephala Koidz.*, 15gRoot of *Acorus calamus var. angustatus Besser*, 15gRoot of *Bupleurum chinense DC.*, 15gRoot of *Curcuma aromatica Salisb.*, 15gSeed of *Cyperus rotundus L.*, 15gDrugs added as appropriate:Seed of *Ziziphus jujuba Mill.*, 30gFructus of *Gardenia jasminoides J.Ellis*, 12gLeaf of *Nelumbo nucifera Gaertn.*, 3g*Cinnabar*, 0.3g*Red bole*, 30g | Y- Preparedaccording to Pharmacopoeia of the People's Republic of China | N |
| Zeng.et al.(2014) | Shu Gan Decoction | Second Affiliated Hospital of Hubei University of Science and Technology | Root of *Bupleurum chinense DC.*Root of *Curcuma aromatica Salisb*.Root of *Conioselinum anthriscoides ‘Chuanxiong’* Bark of *Paeonia × suffruticosa Andrews*Root of *Pinellia ternata (Thunb.) Makino*Root of *Arisaema heterophyllum Blume*Root of *Smilax glabra Roxb.*Peel of *Citrus × aurantium L.*Root of *Paeonia lactiflora Pall.*Root of *Rehmannia glutinosa (Gaertn.) DC.* Seed of *Ziziphus jujuba Mill.*Seed of *Platycladus orientalis (L.) Franco*Root of *Polygala tenuifolia Willd*.Root of *Aconitum kusnezoffii Rchb.*Root of *Glycyrrhiza uralensis Fisch. ex DC.*Stems of *Uncaria rhynchophylla (Miq.) Miq.* | Y- Preparedaccording to Pharmacopoeia of the People's Republic of China | N |
| Han.et al.(2014) | Jieyu Anshen Decoction | Department of Psychiatric Shiling Hospital of Zhangjiakou | Root of *Bupleurum chinense DC.*, 9gRoot of *Curcuma aromatica Salisb*., 9gRoot of *Conioselinum anthriscoides ‘Chuanxiong’* , 9gBark of *Paeonia × suffruticosa Andrews*, 9gRoot of *Pinellia ternata (Thunb.) Makino*, 9gRoot of *Arisaema heterophyllum Blume*, 9gRoot of *Smilax glabra Roxb.*, 12gPeel of *Citrus × aurantium L.*, 9gRoot of *Paeonia lactiflora Pall.*, 9gRoot of *Rehmannia glutinosa (Gaertn.) DC.*, 9gSeed of *Ziziphus jujuba Mill.*, 9gSeed of *Platycladus orientalis (L.) Franco*, 12gRoot of *Polygala tenuifolia Willd*., 9gRoot of *Aconitum kusnezoffii Rchb.*, 3gRoot of *Glycyrrhiza uralensis Fisch. ex DC.*, 9gStems of *Uncaria rhynchophylla (Miq.) Miq.*, 9g | Y- Preparedaccording to Pharmacopoeia of the People's Republic of China | N |