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**SUPPLEMENTARY TABLE 6** | Sources of support, *HEartS Professional Survey, N*=385.

	n	%
Financial support (see Supplementary Figure 1, HEartS Professional Survey, question 5.9)	203	
Yes	124	61%
No	79	39%
If yes, where? (see Supplementary Figure 1, HEartS Professional Survey, question 5.10)	124	
Colleagues	86	69%
Charities (arts-specific)	41	33%
Charities (general)	9	7%
Educational institutions	17	14%
Employers	34	27%
Family / friends	73	59%
Finance professionals (arts-specific) / advisors / banks / finance helplines	22	18%
Finance professionals (general) / advisors / banks / finance helplines	31	25%
Government-based agencies	49	40%
Insurers	3	2%
Teachers / coaches / mentors	8	7%
Trade unions	56	45%
Other	7	6%
Health and wellbeing support (see Supplementary Figure 1, HEartS Professional Survey, question 5.12)	203	
Yes	91	45%
No	112	55%
If yes, where? (see Supplementary Figure 1, HEartS Professional Survey, question 5.13)	91	
Colleagues	54	59%
Charities (arts-specific)	12	13%
Charities (general)	8	9%
Educational institutions	8	9%
Employers	9	10%
Family / friends	60	66%
Health professionals (arts-specific) / advisors / hospitals / helplines	6	7%
Health professionals (general) / advisors / hospitals / helplines	25	28%
Government-based agencies	5	6%
Insurers	1	1%
Teachers / coaches / mentors	10	11%
Trade unions	11	12%
Other	8	9%