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SUPPLEMENTARY TABLE 4 | Mental health, wellbeing, and social outcome measures, *HEartS Professional Survey*, *N*=385.

Mental Health Continuum - Short Form (MHC-SF) 14-item scale¹ (see Supplementary Figure 1, HEartS Professional Survey, question 7.1)		
Score (0–70): Mean, <i>SD</i>	41.12	13.32
Categorical variable: <i>n</i> , %		
Languishing	43	11%
Moderate wellbeing	210	55%
Flourishing	132	34%

Centre for Epidemiologic Studies Depression Scale (CES-D) Short Form 8-item scale² (see Supplementary Figure 1, HEartS Professional Survey, question 7.2)		
Score (0–8): Mean, <i>SD</i>	4.03	2.35
Number of depression cases (≥ 3 score): <i>n</i> , %	266	69%

Social Connectedness Scale-Revised (SCS-R) 15-item scale³ (see Supplementary Figure 1, HEartS Professional Survey, question 8.1)		
Score (0–75): Mean, <i>SD</i>	48.56	12.41

Three-Item Loneliness Scale (UCLA)⁴ (see Supplementary Figure 1, HEartS Professional Survey, question 8.2)		
Score (3-9): Mean, <i>SD</i>	5.12	1.66
Number of lonely cases (≥6 score): <i>n</i> , %	157	41%

Spearman's rho correlation between outcome measures*	Centre for Epidemiologic Studies Depression Scale	Social Connectedness Scale-Revised	Three-Item Loneliness Scale (UCLA)
Mental Health Continuum Short Form	-.55	.59	-.49
Centre for Epidemiologic Studies Depression Scale		-.41	.48
Social Connectedness Scale-Revised			-.61

¹ Higher scores indicate better wellbeing (Keyes 2002, 2005).

² Scores of 3 or more indicate depression (Karim et al., 2015).

³ Higher scores indicate better levels of social connectedness (Lee et al., 2008).

⁴ Scores of 6 or higher indicate loneliness (Steptoe et al., 2013).

**p* < .001.

References

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