

Spiro N, Perkins R, Kaye S, Tymoszek U, Mason-Bertrand A, Cossette I, Glasser S, and Williamon A (2021), The Effects of COVID-19 Lockdown 1.0 on Working Patterns, Income, and Wellbeing among Performing Arts Professionals in the United Kingdom (April–June 2020), *Front. Psychol.* 11:594086. doi: 10.3389/fpsyg.2020.594086.

**SUPPLEMENTARY TABLE 3 |** Changes in work profiles and social meetings, *HEartS Professional Survey*, *N*=385.

**3A. Time spent doing areas of work since the start of COVID-19**

(see Supplementary Figure 1, *HEartS Professional Survey*, question 4.4)

	Less time		No change		More time	
	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%
Performing ( <i>n</i> =254)	243	96%	3	1%	8	3%
Conducting / directing / producing ( <i>n</i> =89)	80	90%	3	3%	6	7%
Teaching / coaching / workshop leading / mentoring ( <i>n</i> =233)	169	73%	20	9%	44	19%
Managing / promoting ( <i>n</i> =79)	49	62%	15	19%	15	19%
Composing / choreographing / designing / making / writing ( <i>n</i> =94)	47	50%	5	5%	42	45%
Appraising / assessing / evaluating / reviewing ( <i>n</i> =86)	44	51%	22	26%	20	23%
Researching ( <i>n</i> =83)	33	40%	14	17%	36	43%
Curating / editing / presenting / technical supporting ( <i>n</i> =49)	26	53%	10	20%	13	27%
Other ( <i>n</i> =62)	43	69%	6	10%	13	21%
<b>Average %</b>		<b>71%</b>		<b>9%</b>		<b>19%</b>

**3B. Medium (online or offline) and social context of work activities**

(see Supplementary Figure 1, *HEartS Professional Survey*, questions 4.5 and 4.6)

	Pre-COVID-19		Currently	
	<i>n</i>	%	<i>n</i>	%
<b>Performing (<i>n</i>=254)</b>				
Online alone	6	2%	78	31%
Online with others	3	1%	54	21%
Offline alone	20	8%	104	41%
Offline with others	225	89%	18	7%
<b>Conducting / directing / producing (<i>n</i>=89)</b>				
Online alone	2	2%	26	29%
Online with others	4	5%	25	28%
Offline alone	10	11%	33	37%
Offline with others	73	82%	5	6%
<b>Teaching / coaching / workshop leading / mentoring (<i>n</i>=233)</b>				
Online alone	3	1%	81	35%
Online with others	10	4%	113	49%
Offline alone	43	19%	26	11%
Offline with others	177	76%	13	6%

cont...

	Pre-COVID-19		Currently	
	<i>n</i>	%	<i>n</i>	%
<b>Managing / promoting (<i>n</i>=79)</b>				
Online alone	12	15%	28	35%
Online with others	27	34%	45	57%
Offline alone	4	5%	5	6%
Offline with others	36	46%	1	1%
<b>Composing / choreographing / designing / making / writing (<i>n</i>=94)</b>				
Online alone	7	7%	16	17%
Online with others	3	3%	10	11%
Offline alone	69	73%	67	71%
Offline with others	15	16%	1	1%
<b>Appraising / assessing / evaluating / reviewing (<i>n</i>=86)</b>				
Online alone	13	15%	39	45%
Online with others	7	8%	29	34%
Offline alone	21	24%	15	17%
Offline with others	45	52%	3	4%
<b>Researching (<i>n</i>=83)</b>				
Online alone	35	42%	49	59%
Online with others	7	8%	14	17%
Offline alone	33	40%	20	24%
Offline with others	8	10%	0	0%
<b>Curating / editing / presenting / technical supporting (<i>n</i>=49)</b>				
Online alone	5	10%	20	41%
Online with others	8	16%	18	37%
Offline alone	11	22%	11	22%
Offline with others	25	51%	0	0%
<b>Other (<i>n</i>=62)</b>				
Online alone	6	10%	20	32%
Online with others	11	18%	23	37%
Offline alone	9	15%	17	27%
Offline with others	36	58%	2	3%

### 3C. Skill maintenance and development

(see Supplementary Figure 1, *HEartS Professional Survey*, questions 4.7 and 4.8)

Learning / practising / preparing / reflecting...	individually		with others online		with others in person		overall	
	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%	mean <i>n</i>	mean %
I haven't done it	37	10%	104	27%	242	61%	127.7	33%
Less*	163	42%	80	21%	116	30%	119.7	31%
No change	63	16%	31	8%	20	5%	38.0	10%
More*	122	32%	170	44%	7	2%	99.7	26%

### 3D. Changes in socializing

(see Supplementary Figure 1, *HEartS Professional Survey*, questions 3.4 and 3.5)

	In person		Electronically		Total (%)	
	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%
Fewer people*	366	95%	21	6%	270	70%
No change	4	1%	24	6%	91	24%
More people*	15	4%	340	88%	24	6%

### 3E. Changes in finance

(see Supplementary Figure 1, *HEartS Professional Survey*, question 5.6)

	<i>n</i>	%
<b>Increase:</b>	<b>11</b>	<b>3%</b>
£2000+	1	0.3%
£1000 – £1999	1	0.3%
£1 – £999	9	2%
<b>No change:</b>	<b>82</b>	<b>21%</b>
<b>Decrease:</b>	<b>292</b>	<b>76%</b>
£1 – £999	60	16%
£1000 – £1999	53	14%
£2000 – £2999	45	12%
£3000 – £3999	25	7%
£4000+	109	28%

### 3F. Financial hardship

(see Supplementary Figure 1, *HEartS Professional Survey*, question 5.7)

	<i>n</i>	%
<b>Yes</b>	<b>208</b>	<b>54%</b>
Yes, a lot	58	15%
Yes, a little	145	38%
No	182	47%

### 3G. Changes in loneliness and anxiety

(see Supplementary Figure 1, *HEartS Professional Survey*, questions 3.6 and 3.7)

	Lonely		Anxious	
	<i>n</i>	%	<i>n</i>	%
More*	244	63%	328	85%
No change	114	30%	42	11%
Less*	27	7%	15	4%

\* For Tables 3A, 3C, and 3E: 'More' includes 'Much more, quite a lot more, and a little more'; 'Less' includes 'Much less, quite a lot less, and a little less'. For Table 3D: 'Fewer people' includes 'Substantially fewer people, far fewer people, and fewer people'; 'More people' includes 'Substantially more people, far more people, and more people'.