

Table S1. Implicated causes of rhabdomyolysis ($n = 101$)

Category ^a	Number	Percent of cohort
Trauma	22	21.8
Operative	13	12.9
Acute ischemia or muscle bleeding	14	13.9
Pressure injury	38	37.6
Exertional	0	0
Seizure	5	4.6
Infection-related	33	32.7
Drugs and toxins	30	29.7
Inflammatory myopathies and myositis ^b	2	2.0
Severe electrolyte or metabolic disorder ^c	7	6.9
Familial or inherited diseases ^d	1	1.0
Thermal extremes and dysregulation ^e	3	3.0
Uncertain cause	2	2.0

^a Categories are not mutually exclusive due to multiple mechanisms in some patients.

^b Polymyositis, dermatomyositis, inclusion body myositis and autoimmune disease with myositis.

^c Serum sodium <120 mmol/L, potassium <2 mmol/L, phosphate <0.4 mmol/L and diabetic ketoacidosis.

^d Metabolic myopathies, inborn errors of metabolism, mitochondrial disease.

^e Heat stroke, malignant hyperthermia, severe hypothermia and near drowning.