

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Biazon et al., 2019							
Colomer-Poveda et al. 2017							
Cook et al., 2018							
De Castro et al., 2019							
Hill et al., 2020							
Kubo et al., 2006							
Manimmanakorn et al., 2013							
Moore et al., 2004							
Ramis et al., 2020							
Sousa et al., 2017							