**Table 3: Linear regression analyses: Suicidal ideation regressed on demographic variables, EDSS, disease duration, sleep quality, social support and 5 types of fatigue**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Variables** | **Beta** | **F** | **Adjusted R2** |
| **Model 1** | Age | -0.12 | 7.924 | 0.260 |
| Gender | -0.01 |
| EDSS | -0.01 |
| Disease duration | -0.14 |
| Sleep quality | **0.27\*** |
| General fatigue | **0.20\*** |
| Social support | **-0.25\*** |
| **Model 2** | Age | -0.12 | 7.329 | 0.243 |
| Gender | -0.00 |
| EDSS | -0.02 |
| Disease duration | -0.14 |
| Sleep quality | **0.31\*** |
| Physical fatigue | 0.14 |
| Social support | **-0.25\*** |
| **Model 3** | Age | -0.13 | 8.083 | 0.264 |
| Gender | -0.03 |
| EDSS | -0.05 |
| Disease duration | -0.12 |
| Sleep quality | **0.28\*** |
| Reduced activity | **0.23\*** |
| Social support | **-0.23\*** |
| **Model 4** | Age | -0.16 | 8.837 | 0.284 |
| Gender | -0.03 |
| EDSS | 0.03 |
| Disease duration | -0.13 |
| Sleep quality | **0.22\*** |
| Reduced motivation | **0.28\*** |
| Social support | **-0.22\*** |
| **Model 5** | Age | -0.10 | 9.342 | 0.297 |
| Gender | -0.02 |
| EDSS | 0.03 |
| Disease duration | -0.16 |
| Sleep quality | **0.24\*** |
| Mental fatigue | **0.29\*** |
| Social support | **-0.21\*** |

*EDSS-Expanded Disability Status Scale; \*bold values: p<0.05*