Supplementary Material

Flow Chart

Enrollment

Assessed for eligibility (n=50)

Excluded (n=10)
- Not meeting inclusion criteria (n=7)
- Declined to participate (n=3)

Randomized (n=40)

Allocation

Allocated to GROUP CI (n=10)
- Received allocated intervention (n=10)
- Drop-out (n=0)

Allocated to GROUP MI (n=10)
- Received allocated intervention (n=10)
- Drop-out (n=0)

Allocated to GROUP LI (n=10)
- Received allocated intervention (n=10)
- Drop-out (n=0)

Allocated to GROUP DI (n=10)
- Received allocated intervention (n=10)
- Drop-out (n=0)

Analysis

Analysed (n=10)
- Excluded from analysis (n=0)

Analysed (n=10)
- Excluded from analysis (n=0)

Analysed (n=10)
- Excluded from analysis (n=0)

Analysed (n=10)
- Excluded from analysis (n=0)