## APPENDIX

The items of Free Fantasy Questionnaire.

| Variable   | M    | SD     | Sk   | Ku.   |
|--|------|--------|------|-------|
| 1. My fantasies sometimes contain beautiful colours (*)  | 2.25 | 1.76   | 0.23 | 2.23  |
| 2. I spend more than an hour daily fantasising (*)   | 1.59 | 1.69   | 0.81 | 3.03  |
| 3. I sometimes feel as if I'm living in a dream (*)  | 1.43 | 1.59   | 0.94 | 5.24  |
| 4. I'm not sure whether I have fantasised about something or dreamt it (*)   | 1.40 | 1.57   | 0.91 | 9.59  |
| 5. I sometimes speak to a person who doesn't exist in real life but whom I invent using my imagination (*)               | 0.80 | 1.44   | 1.83 | 7.75  |
| 6. I sometimes speak to a person who doesn't exist in real life but whom I invent using my imagination and who           | 0.68 | 1.37   | 2.04 | 10.35 |
| has a name, a background and a world he/she lives in (*)   |      | - 10 . |      |       |
| 7. I sometimes think other people are my parents (*)   | 0.53 | 1.12   | 2.40 | -0.79 |
| 8. I sometimes think other people are my parents and that I know their names and background (*)                          | 0.36 | 0.98   | 3.11 | 2.48  |
| 9. I sometimes think I belong to another family (*)  | 0.41 | 1.01   | 2.81 | -0.99 |
| 10. I sometimes think I belong to another family about whom I know everything (*)  | 0.36 | 0.99   | 3.23 | 2.38  |
| 11. When I fantasise, I choose people I know as the characters for my story  | 1.59 | 1.72   | 0.74 | 0.05  |
| 12. I sometimes think that my real home is not the one I live in but that it is somewhere else (*)                       | 0.75 | 1.36   | 1.87 | -0.86 |
| 13. I sometimes make up very long, beautiful stories (*)   | 1.78 | 1.78   | 0.62 | 4.01  |
| 14. I sometimes make up very long, beautiful stories but that don't seem to be my own, as if it wasn't me who            | 0.76 | 1.33   | 1.83 | -0.72 |
| made them up but someone else, who then puts them in my head (*)   | 0.70 | 1.55   | 1.05 | 0.72  |
| 15. When I fantasise, I enter another world that is very different from my everyday life but that I made up myself       | 1.24 | 1.64   | 1.16 | 3.60  |
| (*)  | 1.27 | 1.04   | 1.10 | 5.00  |
| 16. When I fantasize, the images I see are full of details (*)   | 1.71 | 1.72   | 0.66 | -1.36 |
| 17. I sometimes speak to an invisible character that really exists and that only I can call by doing something (for      | 0.61 | 1.29   | 2.23 | 3.30  |
| example, by saying certain words that only I know, by doing particular things that I know he/he likes, etc.) (*)         | 0.01 | 1.2)   | 2.23 | 5.50  |
| 18. When I fantasise, I feel very strong emotions (*)  | 1.63 | 1.69   | 0.74 | 7.68  |
| 19. I sometimes speak to a character that is invisible but really exists whom I can ask for help to change something     | 0.62 | 1.25   | 2.12 | 4.69  |
| I don't like (this character isn't God or a character that belongs to your religion) (*)                                 | 0.02 | 1.23   | 2.12 | 1.07  |
| 20. I have control over my fantasy and can do whatever I like with it (*)  | 2.03 | 1.92   | 0.40 | 6.06  |
| 21. There are some fantasies that seem to have entered my head from another person and over which I don't have           | 0.67 | 1.27   | 2.03 | 9.40  |
| control, which means they go on by themselves. (*)   | 0.07 | 1.27   | 2.03 | 7.40  |
| 22. I sometimes speak to a character that is invisible to other people but that really exists and that orders me to do   | 0.42 | 1.09   | 2.87 | 0.66  |
| things (*)   | 0.42 | 1.07   | 2.07 | 0.00  |
| 23. I sometimes speak to a character that is invisible to other people but that really exists and that gives me a lot of | 0.55 | 1.20   | 2.34 | 0.87  |
| explanations for what happens (*)  | 0.55 | 1.20   | 2.54 | 0.07  |
| 24. If I'm not sure what to do, I call a character that is invisible to other people but that really exists and that     | 0.48 | 1.12   | 2.58 | 2.17  |
| advises me on what to say and do. (*)  | 00   | 2      | 2.00 | 2117  |
| 25. I sometimes speak with an Alien that is invisible to other people but that I can see, and that is real and does      | 0.37 | 1.06   | 3.16 | -0.80 |
| exist (*)  |      |        |      |       |
| 26. When I fantasise, my mind wanders to a city that is not the one I live in and that has rules that are not those we   | 1.07 | 1.52   | 1.35 | 4.63  |
| have in this world (*)   |      |        |      |       |
| 27. When I fantasize, I sometimes end up in an invisible, secret place where other people can't follow me (*)            | 0.98 | 1.55   | 1.46 | -1.19 |
| 28. When I fantasise, I find myself speaking to characters that I have not invented but that somehow enter my            | 0.78 | 1.37   | 1.79 | 2.23  |
| fantasy (*)  |      |        |      |       |
| 29. When I fantasise, I feel as if I'm in a film (*)   | 1.63 | 1.71   | 0.71 | 3.03  |
| 30. I sometimes speak to invisible characters from an invisible world that really exists but that not everyone can       | 0.56 | 1.22   | 2.34 | 5.24  |
| see, and these characters turn up on their own without me having ever called them (*)                                    |      |        | •    |       |
| 31. When I fantasise, I'm the one who makes up all the characters (*)  | 1.81 | 1.92   | 0.59 | 9.59  |
|  | 01   | /-     | /    |       |

*Note.* (\*) = the item distribution resulted significantly different than a Gaussian curve.