Supplementary Material

Table S1 Beta coefficients with bootstrap confidence intervals for paths between single measurement occasions of enjoyment and self-monitoring

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| Autoregressive paths | β | 95 % Bootstrap CI | Cross paths | β | 95 % Bootstrap CI |
| En BL → En T1 | .55\*\*\* | [.412; .691] | En BL → S-m S1 | -.03 | [-.252; .203] |
| En T1 → En T2 | .51\*\*\* | [.324; .663] | En T1 → S-m S2 | -.16 | [-.385; .075] |
| En T2 → En T3 | .66\*\*\* | [.482; .801] | En T2 → S-m S3 | .15 | [-.011; .304] |
| En T3 → En T4 | .67\*\*\* | [.516; .789] | En T3 → S-m S4 | .13 | [-.104; .345] |
| En T4 → En T5 | .48\*\*\* | [.255; .668] | En T4 → S-m S5 | .15 | [-.066; .368] |
| S-m S1 → S-m S2 | .29\*\* | [.115; .467] | S-m S1 → En T1 | .07 | [-.121; .264] |
| S-m S2 → S-m S3 | .22\* | [.033; .393] | S-m S2 → En T2 | .22\* | [.045; .373] |
| S-m S3 → S-m S4 | .28\*\* | [.091; .510] | S-m S3 → En T3 | .08 | [-.088; .243] |
| S-m S4 → S-m S5 | -.01 | [-.227; .236] | S-m S4 → En T4 | .11 | [-.010; .243] |
|  |  |  | S-m S5 → En T5 | -.15 | [-.335; .037] |

*Note.* En = enjoyment. S-m = self-monitoring. BL = baseline measurement. T1 to T5 = five measurement occasions during playing *Cure Runners*. S1 to S5 = five sections of *Cure Runners*. *n* =88*. \* p* < .05*. \*\* p* < .01*. \*\*\* p* < *.*001.