**Appendix 1**

Search Terms Used for Literature Searches:

“habit reversal”

“habit-reversal”

“habit reversal therap\*”

“habit reversal training”

“habit-reversal training”

“habit reversal treatment\*”

“habit-reversal treatment\*”

“OCD”

“obsessive compulsive disorder\*”

“obsessive-compulsive disorder\*”

“obsessive compulsive\*”

“obsessive-compulsive\*”

“trichotillomania”

“trichotillomania disorder\*”

“hair pulling”

“hair-pulling”

“hair pulling disorder\*”

“hair-pulling disorder\*”

“compulsive hair pulling”

“compulsive hair pulling disorder\*”

“body dysmorphic disorder\*”

“body-dysmorphic disorder”

“BDD”

“body dysmorphia”

“hoarding”

“hoarding disorder\*”

“hoarding-disorder\*”

“extreme hoarding”

“extreme hoarding disorder\*”

“hoarding behavio\*r\*”

“excoriation”

“excoriation disorder\*”

“skin picking”

“skin-picking”

“skin picking disorder\*”

“skin-picking disorder\*”

“compulsive skin picking”

“compulsive skin picking disorder\*”