Supplementary material

**Table 1** Uni and bimodal results for 85% intensity.

|  |  |  |
| --- | --- | --- |
|  | Pretest | Posttest |
| Modality | mean | SD | mean | SD |
| HR | 60.77 | 9.74 | 80.14 | 8.43 |
| EDA | 8.08 | 11.67 | 9.84 | 6.60 |
| Temp | 34.88 | 1.97 | 36.18 | 1.15 |
| Modality pair | Number of significant components  | Canonical correlation coefficients  | Number of significant components  | Canonical correlation coefficients  |
| EDA-HR | 1 | 0,97 | 1 | 0,46 |
| HR-Temp | 1 | 0.52 | 0 | 0 |
| Temp-EDA | 2 | 0.98, 0.9 | 2 | 0.97, 0.94 |