## Supplementary Materials

# Testing the Efficacy of Training Basic Numerical Cognition and Transfer Effects to Improvement in Children's Math Ability 

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## 1 Supplementary Methods

### 1.1. Data Quality Control

Data from 5 children who did not complete the experiment and 5 children whose performance was lower than 2SDs below the mean were excluded. Among the 5 children, 2 were excluded for poor performance in terms of the final level reached from the training modules, and 3 were excluded due to poor performance in terms of the pre-training numerosity comparison performance.
Because of the large number of assessments involved, we used the following three scores for quality control; 1) the final level reached for Gathering Ingredients, 2) the final level reached for Guess How Many, 3) pre-training numerosity comparison accuracy.

The cut-off thresholds for the final level reached for Gathering Ingredients was 42.29, for Guess How Many 13.49 and for pre-training numerosity comparison accuracy 0.55 . One participant's final level reached for Gathering Ingredients was 38 . Another participant's final level reached for Guess How Many was 6. These two participants were excluded because their performance was less than the thresholds. Also, 3 participants' pre-training numerosity comparison accuracy were $.45, .53, .3$, respectively, which were below the cut-off threshold.

### 1.2 Specification of stimuli for each Level of '123 Bakery' and required performance for Level upgrades

In all modules of '123 Bakery', the magnitudes (i.e., set size and number size) increased and the ratio of magnitudes approached 1, as the Level increased. The required level of performance to upgrade to the next Level increased as well, as the Level increased (i.e., it became more and more difficult to upgrade to the next Level). In order to upgrade to the next Level, participants had to achieve a certain degree of accuracy (hereafter, reference accuracy) within a certain number of recent trials (hereafter, reference trials). The number of reference trials also increased as the Level increased. The first Level of each module was for practice.

Table S1. Training Module 1: Numerosity Comparison ('Gathering Ingredients')

| Level | Numerosity Range | Numerosity Ratio | Reference Accuracy (proportion correct) | Number of reference trials |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 6~15 | 2:3 | 100\% | 3 |
| 2 | 6~15 |  | 90\% | 10 |
| 3 | 10~30 |  |  |  |
| 4 | 30~50 |  |  |  |
| 5 | 50~100 |  |  |  |
| 6 | 100~200 |  |  |  |
| 8 | 6~15 | 3:4 |  |  |
| 9 | 10~30 |  |  |  |
| 10 | 30~50 |  |  |  |
| 11 | 50~100 |  |  |  |
| 12 | 100~200 |  |  |  |
| 14 | 6~15 |  |  | 15 |
| 15 | 15~30 |  |  |  |
| 16 | 30~50 | 4:5 |  |  |
| 17 | 50~100 |  |  |  |
| 18 | 100~200 |  |  |  |
| 20 | 6~15 | 5:6 |  |  |
| 21 | 10~30 |  |  |  |
| 22 | 30~50 |  |  |  |
| 23 | 50~100 |  |  |  |
| 24 | 100~200 |  |  |  |
| 26 | 6~15 | 6:7 | 85\% | 20 |
| 27 | 10~30 |  |  |  |
| 28 | 30~50 |  |  |  |
| 29 | 50~100 |  |  |  |
| 30 | 100~200 |  |  |  |
| 32 | 6~15 | 7:8 |  |  |
| 33 | 10~30 |  |  |  |
| 34 | 30~50 |  |  |  |
| 35 | 50~100 |  |  |  |
| 36 | 100~200 |  |  |  |
| 38 | 6~15 | 8:9 |  |  |



| 78 | $50 \sim 200$ | $8: 9 \sim 10: 11$ |  |
| :--- | :---: | :---: | :---: |
| 79 | $0 \sim 200$ | $3: 4 \sim 10: 11$ |  |
| 80 | $0 \sim 200$ | $6: 7 \sim 10: 11$ |  |
| 81 | $0 \sim 200$ | $8: 9 \sim 10: 11$ |  |

Table S2. Training Module 2: Non-symbolic numberline estimation ('Guess How Many?')
Trials in which the participant localized the estimate within the 'accurate zone' were counted as accurate trials. The relative width of the accurate zone (calculated as a \% relative to the width of the entire numberline) decreased as the Level increased.

| Level | Numerosity Range | The relative width of the accurate zone (\%) | Reference <br> Accuracy | Number of Reference trials |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 5~10 | 30\% | 60\% | 3 |
| 2 | 5~10 |  |  | 5 |
| 3 | 5~10 |  |  | 10 |
| 4 | 0~10 |  | 75\% | 12 |
| 5 | 10~30 |  |  |  |
| 6 | 5~30 |  |  |  |
| 7 | 0~30 |  |  |  |
| 8 | 30~50 |  |  |  |
| 9 | 0~50 |  |  |  |
| 10 | 50~80 |  |  |  |
| 11 | 0~80 |  |  |  |
| 12 | 0~80 |  |  |  |
| 13 | 0~80 | 25\% |  |  |
| 14 | 75~100 |  |  |  |
| 15 | 30~100 |  |  |  |
| 16 | 0~100 |  |  |  |
| 17 | 0~100 |  |  |  |
| 18 | 0~100 | 25\% |  |  |
| 19 | 100~150 | 30\% |  |  |
| 20 | 50~150 |  |  |  |
| 21 | 0~150 |  |  |  |
| 22 | 0~150 |  |  |  |
| 23 | 0~150 | 25\% |  |  |



Table S3. Training Module 3: Non-symbolic addition/subtraction ('Cake Decoration')

| Level | Numerosity Range | Numerosity Ratio | Reference Accuracy | Number of Reference trials |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 0~50 | 1:3 | 60\% | 3 |
| 2 | 0~50 |  |  | 5 |
| 3 | 0~50 |  |  | 10 |
| 4 | 0~50 |  | 75\% | 12 |
| 5 | 0~60 |  |  |  |
| 6 | 0~80 |  |  |  |
| 7 | 0~100 |  |  |  |
| 8 | 0~30 |  |  |  |
| 9 | 0~40 |  |  |  |
| 10 | 0~60 |  |  |  |
| 11 | 0~110 |  |  |  |
| 12 | 0~30 |  |  |  |
| 13 | 0~40 |  |  |  |
| 14 | 0~60 |  |  |  |
| 15 | 0~110 |  |  |  |
| 16 | 0~30 | 3:4 |  |  |
| 17 | 0~40 |  |  |  |
| 18 | 0~50 |  |  |  |
| 19 | 0~110 |  |  |  |



Table S4. Training Module 4: Symbol-to-Numerosity Mapping ('Selling Cakes')

| Level | Numerosity Range | Numerosity Ratio | Reference Accuracy | Number of Reference trials |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 6~15 | 2:3 | 60\% | 3 |
| 2 | 6~15 |  |  | 5 |
| 3 | 6~15 |  |  | 10 |
| 4 | 6~15 |  | 75\% | 12 |
| 5 | 10~30 |  |  |  |
| 6 | 30~50 |  |  |  |
| 7 | 50~100 |  |  |  |
| 8 | 100~200 |  |  |  |
| 9 | 0~100 |  |  |  |
| 10 | 50~200 |  |  |  |
| 11 | 6~15 | 3:4 |  |  |


| 12 | 10~30 |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 13 | 30~50 |  |  |  |
| 14 | 50~100 |  |  |  |
| 15 | 100~200 |  |  |  |
| 16 | 0~100 |  |  |  |
| 17 | 50~200 |  |  |  |
| 18 | 6~15 |  |  |  |
| 19 | 10~30 |  |  |  |
| 20 | 30~50 |  |  |  |
| 21 | 50~100 | 4:5 |  |  |
| 22 | 100~200 |  |  |  |
| 23 | 0~100 |  |  |  |
| 24 | 50~200 |  |  |  |
| 25 | 6~15 |  |  |  |
| 26 | 10~30 |  |  |  |
| 27 | 30~50 |  |  |  |
| 28 | 50~100 | 5:6 |  |  |
| 29 | 100~200 |  |  |  |
| 30 | $0 \sim 100$ |  |  |  |
| 31 | 50~200 |  |  |  |
| 32 | 0~100 | 3.4~5.6 | 85\% |  |
| 33 | 50~200 |  |  |  |
| 34 | 6~15 |  |  |  |
| 35 | 10~30 |  |  |  |
| 36 | 30~50 |  |  |  |
| 37 | 50~100 | 6:7 |  |  |
| 38 | 100~200 |  |  |  |
| 39 | 0~100 |  |  |  |
| 40 | 50~200 |  |  |  |
| 41 | 6~20 |  | 75\% |  |
| 42 | 20~40 |  |  |  |
| 43 | 30~50 |  |  |  |
| 44 | 50~100 | 7:8 |  |  |
| 45 | 100~200 |  |  |  |
| 46 | 0~100 |  |  |  |
| 47 | 60~200 |  |  |  |
| 48 | 6~20 | 8:9 |  |  |


| 49 | $20 \sim 40$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 50 | $40 \sim 60$ |  |  |  |
| 51 | $60 \sim 100$ |  |  |  |
| 52 | $100 \sim 200$ |  |  |  |
| 53 | $0 \sim 100$ |  |  |  |
| 54 | $60 \sim 200$ |  |  |  |
| 55 | $0 \sim 100$ |  |  |  |
| 56 | $50 \sim 200$ |  |  |  |
| 57 | $0 \sim 100$ |  |  |  |
| 58 | $0 \sim 200$ |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

1.3 Specification of stimuli for the numerosity comparison task (used for pre- and posttraining assessment).

Table S5. Specification of stimuli for the numerosity comparison task. Trials were evenly divided into Area-controlled and Size-controlled conditions.

| Magnitude ranges | $\mathbf{y y y y y y}$ | Ratio of magnitudes |  | $\mathbf{7}$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\mathbf{1 : 2}$ | $\mathbf{3 : 4}$ | $\mathbf{5 : 6}$ | $\mathbf{6 : 7}$ | $\mathbf{7 : 8}$ | $\mathbf{8 : 9}$ |
| $\mathbf{0 - 2 0}$ | $6: 12$ | $9: 12$ | $12: 10$ | $7: 6$ | $8: 7$ | $9: 8$ |
| $\mathbf{2 0 - 3 0}$ | $15: 30$ | $21: 28$ | $30: 25$ | $28: 24$ | $24: 21$ | $27: 24$ |
| $\mathbf{3 0 - 5 0}$ | $25: 50$ | $26: 48$ | $48: 40$ | $49: 42$ | $48: 42$ | $45: 40$ |
| $\mathbf{5 0 - 1 0 0}$ | $50: 100$ | $75: 100$ | $96: 80$ | $98: 84$ | $96: 84$ | $99: 88$ |
| $\mathbf{1 0 0 - 2 0 0}$ | $100: 200$ | $150: 200$ | $198: 165$ | $196: 168$ | $200: 175$ | $198: 176$ |
| Size-controlled <br> condition | 10 | 10 | 10 | 10 | 10 | 10 |
| Area-controlled <br> condition | 10 | 10 | 10 | 10 | 10 | 10 |
| Total number of |  |  |  |  |  |  |
| trials | 20 | 20 | 20 | 20 | 20 | 20 |

## 2 Supplementary Results

Table S6. Descriptive statistics of performance on each module of ' 123 Bakery'.
The final level refers to the final level reached at the end of training (at the end of the $30^{\text {th }}$ session). Mean accuracy and reaction time refers to the overall average of the 30 mean performance scores (accuracy and RT) from each session.

|  | Final Level | Mean Accuracy | Mean Reaction time |
| :--- | :---: | :---: | :---: |
| Gathering Ingredients | $57.73(7.72)$ | $77.34(5.74)$ | $1293.92(170.99)$ |
| Guess How many? | $25.73(6.11)$ | $0.14(0.02)^{\#}$ | $1463.85(272.44)$ |
| Cake Decoration (Addition) | $42.18(2.46)$ | $63.07(11.38)$ | $1820.66(462.72)$ |
| Cake Decoration(Subtraction) | $40.55(2.89)$ | $51.63(3.12)$ | $1900.81(483.477)$ |
| Selling Cakes | $41.63(8.66)$ | $55.61(3.34)$ | $1796.28(239.27)$ |
|  |  | \# PAE (Percentage Absolute Error) |  |

Table S7. The result of mixed repeated measures ANOVA with Group as the between-subject factor and Time as the within-subject factor on all measures of basic numerical processing abilities and math achievement (except for those included in Tables 2 and 4).

| DependentVariable | Source | SS | df | MS | F | P | $\eta^{2}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Computerized Arithmetic RT | Time | $1.004 \mathrm{e}+7$ | 1 | $1.004 \mathrm{e}+7$ | 1.05 | . 31 | . 02 |
|  | Group $\times$ Time | $2.27 \mathrm{e}+6$ | 1 | $2.27 \mathrm{e}+6$ | . 24 | . 63 | . 01 |
|  | Error | $4.21 \mathrm{e}+8$ | 44 | $9.58 \mathrm{e}+6$ |  |  |  |
|  | Group | $5.87 \mathrm{e}+7$ | 1 | $5.87 \mathrm{e}+7$ | 4.75 | . 04 | . 10 |
|  | Error | $5.43 \mathrm{e}+8$ | 44 | $1.24 \mathrm{e}+7$ |  |  |  |
| KNISE-BAAT <br> Number Concept | Time | 74.79 | 1 | 74.79 | 32.38 | <. 001 | . 42 |
|  | Group $\times$ Time | . 004 | 1 | . 004 | . 002 | . 97 | <. 001 |
|  | Error | 101.62 | 44 |  |  |  |  |
| Between subjects | Group | 21.67 | 1 | 21.67 | 1.83 | . 18 | . 04 |
|  | Error | 521.95 | 44 | 11.86 |  |  |  |


|  |  | Time | 21.76 | 1 | 21.76 | 5.69 | . 02 | . 11 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| KNISE-BAAT Geometry | Within Subjects | Group $\times$ Time | . 28 | 1 | . 28 | . 07 | . 79 | . 001 |
|  | Between subjects | Error | 168.21 | 44 | 3.82 |  |  |  |
|  |  | Group | 4.43 | 1 | 4.432 | . 29 | . 60 | . 006 |
|  |  | Error | 682.14 | 44 | 15.503 |  |  |  |
| KNISE-BAAT <br> Arithmetic | Within Subjects | Time | 57.69 | 1 | 57.69 | 20.71 | <. 001 | . 32 |
|  |  | Group $\times$ Time | . 04 | 1 | . 04 | . 01 | . 91 | <. 001 |
|  |  | Error | 122.54 | 44 | 2.79 |  |  |  |
|  | Between subjects | Group | 41.86 | 1 | 41.86 | 2.68 | . 11 | . 06 |
|  |  | Error | 686.89 | 44 | 15.61 |  |  |  |
| KNISE-BAAT <br> Problem Solving | Within Subjects | Time | 160.94 | 1 | 160.94 | 18.16 | <. 001 | . 29 |
|  |  | Group $\times$ Time | . 24 | 1 | . 24 | . 027 | . 87 | <. 001 |
|  | Between subjects | Error | 389.98 | 44 | 8.86 |  |  |  |
|  |  | Group | 6.64 | 1 | 6.64 | . 27 | . 61 | . 006 |
|  |  | Error | 1087.58 | 44 | 24.72 |  |  |  |
| Numerosity Comparison RT | Within Subjects | Time | 258958 | 1 | 258958 | 4.48 | . 04 | . 09 |
|  |  | Group $\times$ Time | 28192 | 1 | 28192 | . 49 | . 49 | . 01 |
|  |  | Error | $2.55 \mathrm{e}+6$ | 44 | 57870 |  |  |  |
|  | Between subjects | Group | 126.20 | 1 | 126.20 | 9.16e- | . 98 | <. 001 |
|  |  | Error | $6.10 \mathrm{e}+6$ | 44 | 137787 |  |  |  |
| Symbolic Numberline Estimation PAE | Within Subjects | Time | $1.42 \mathrm{e}-4$ | 1 | $1.42 \mathrm{e}-4$ | . 74 | . 39 | . 02 |
|  |  | Group $\times$ Time | 1.76e-4 | 1 | 1.76e-4 | . 93 | . 34 | . 02 |
|  | Between subjects | Error | . 008 | 44 | 1.91e-4 |  |  |  |
|  |  | Group | $3.82 \mathrm{e}-4$ | 1 | 3.82e-4 | . 84 | . 36 | . 02 |
|  |  | Error | . 02 | 44 | 4.39e-4 |  |  |  |


|  |  | Time | 8.79 | 1 | 8.79 | 10.17 | . 003 | . 19 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Symbolic Numberline Estimation RT | Within Subjects | Group $\times$ Time | 3.27 | 1 | 3.27 | 3.78 | . 06 | . 08 |
|  |  | Error | 38.03 | 44 | . 86 |  |  |  |
|  | Between subjects | Group | 5.48 | 1 | 5.48 | 3.80 | . 06 | . 08 |
|  |  | Error | 63.54 | 44 | 1.44 |  |  |  |
| Non-symbolic Numberline Estimation PAE | Within Subjects | Time | . 001 | 1 | . 001 | 1.16 | . 29 | . 03 |
|  |  | Group $\times$ Time | . 003 | 1 | . 003 | 2.49 | . 12 | . 06 |
|  |  | Error | . 055 | 44 | . 001 |  |  |  |
|  | Between subjects | Group | . 002 | 1 | . 002 | 1.29 | . 26 | . 03 |
|  |  | Error | . 06 | 44 | . 001 |  |  |  |
| Non-symbolic Numberline Estimation RT | Within Subjects | Time | . 24 | 1 | . 24 | . 41 | . 52 | . 01 |
|  |  | Group $\times$ Time | . 004 | 1 | . 004 | . 007 | . 93 | $1.55 \mathrm{e}-4$ |
|  |  | Error | 24.47 | 44 | . 57 |  |  |  |
|  | Between subjects | Group | . 33 | 1 | . 33 | . 25 | . 62 | . 006 |
|  |  | Error | 55.31 | 44 | 1.29 |  |  |  |
| Non-symbolic Addition ACC | Within Subjects | Time | . 003 | 1 | . 003 | . 39 | . 53 | . 01 |
|  |  | Group $\times$ Time | . 01 | 1 | . 01 | 1.35 | . 25 | . 03 |
|  | Between subjects | Error | . 29 | 44 | . 01 |  |  |  |
|  |  | Group | . 01 | 1 | . 07 | . 85 | . 36 | . 02 |
|  |  | Error | . 36 | 44 | . 01 |  |  |  |
| Non-symbolic Addition RT | Within Subjects | Time | 4409 | 1 | 4409 | . 01 | . 93 | <. 001 |
|  |  | Group $\times$ Time | 270241 | 1 | 270241 | . 47 | . 50 | . 01 |
|  | Between subjects | Error | $2.53 \mathrm{e}+7$ | 44 | 575099 |  |  |  |
|  |  | Group | 156455 | 1 | 156455 | . 21 | . 65 | . 01 |
|  |  | Error | $3.36 \mathrm{e}+7$ | 44 | 763426 |  |  |  |


| Non-symbolic Subtraction ACC | Within Subjects | Time | . 02 | 1 | . 02 | 3.03 | . 09 | . 06 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Group $\times$ Time | . 001 | 1 | . 001 | . 20 | . 66 | . 004 |
|  |  | Error | . 24 | 44 | . 01 |  |  |  |
|  | Between subjects | Group | . 01 | 1 | . 01 | 1.10 | . 30 | . 02 |
|  |  | Error | . 29 | 44 | . 01 |  |  |  |
| Non-symbolic Subtraction RT | Within Subjects | Time | $2.26 \mathrm{e}+6$ | 1 | $2.26 \mathrm{e}+6$ | 1.39 | . 24 | . 03 |
|  |  | Group $\times$ Time | 79864 | 1 | 79864 | . 05 | . 83 | . 001 |
|  |  | Error | $7.13 \mathrm{e}+7$ | 44 | $1.62 \mathrm{e}+6$ |  |  |  |
|  | Between subjects | Group | $1.21 \mathrm{e}+6$ | 1 | $1.21 \mathrm{e}+6$ | . 63 | . 43 | . 01 |
|  |  | Error | $8.52 \mathrm{e}+7$ | 44 | $1.94 \mathrm{e}+6$ |  |  |  |
| Symbol-to- <br> Numerosity <br> Mapping <br> ACC | Within Subjects | Time | 3.85e-4 | 1 | $3.85 \mathrm{e}-4$ | . 13 | . 72 | . 003 |
|  |  | Group $\times$ Time | . 003 | 1 | . 003 | . 89 | . 35 | . 02 |
|  | Between subjects | Error | . 13 | 44 | . 003 |  |  |  |
|  |  | Group | . 01 | 1 | . 01 | 1.01 | . 32 | . 02 |
|  |  | Error | . 22 | 44 | . 01 |  |  |  |
| Symbol-toNumerosity Mapping RT | Within Subjects | Time | 50208 | 1 | 50208 | . 28 | . 60 | . 01 |
|  |  | Group $\times$ Time | 189644 | 1 | 189644 | 1.08 | . 31 | . 02 |
|  |  | Error | $7.78 \mathrm{e}+6$ | 44 | 176696 |  |  |  |
|  | Between subjects | Group | $1.62 \mathrm{e}+6$ | 1 | $1.62 \mathrm{e}+6$ | 3.92 | . 05 | . 08 |
|  |  | Error | $1.81 \mathrm{e}+7$ | 44 | 411762 |  |  |  |

