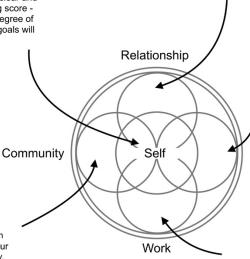
## **Supplementary Figure 1: Domain Descriptions**

Self is divided into four sub-domains. It measures each sub-domain and the interrelationship between the four sub-domains of Inspiration, Contentment, Adaptability and Awareness. A strong self score indicates a durable sense of self and personal identity. Self delineates the degree to which the individual aspires for a future that they find meaningful and enriching via a set of clear and intrinsically rewarding goals. A strong score - measured over time - indicates the degree of likeliness that these aspirations and goals will be achieved.

Relationship is divided into four sub-domains It measures each sub-domain and the interrelationship between the four sub-domains of cherishment, commitment, identity, and understanding. Relationship identifies the degree to which an individual is able to relate intimately and to maintain a deep and rich connection. A high relationship score suggests that the individual finds a high degree of meaning and satisfaction in the relationship.



Family is divided into four sub-domains. It measures each sub-domain and the interrelationship between the four sub-domains of Caring, Tenderness, Communication, and Vulnerability. A strong Family score indicates a cohesive sense of family and familial belonging. Family measures the individual's ability to address difficult situations, which have deep inward significance. Family also identifies the individual's ability to foster meaningful bonds. A high scores connotes tenacity, self-control, and the ability to be responsive in emotionally challenging situations and the ability to maximise opportunities to create

Community is divided into four subdomains. It measures each sub-domain and the interrelationship between the four sub-domains of Attunement, Sympathy, Empathy and Sensitivity. The Community score relates to a group of people living in the same place or unified by a common interest. It includes one's local community, wider community, and includes the world as a body of nation states unified by common interests like climate related challenges, energy and migration; amplified by an unprecedented accessibility to information through the internet, media and International travel.

Work is divided into four sub-domains. It measures each sub-domain and the interrelationship between the four sub-domains of Innovation, Supportiveness, Engagement and Accountability. A high work score indicates that the individual is an active and productive contributor in the workplace. Work indicates the degree to which the individual finds their work meaningful and to what degree work is embedded with purposive activity.